

The Quaboag Valley Zonta Bog

Newsletter of the Zonta Club of Quaboag Valley, Zonta International District I, Area II **November 2002**

President's Corner

by Jeanne Dill

Zonta friends,

One of the great things our club does is recognize a local woman's service and dedication to causes that benefit women and children through our annual Founder's Day Award.

This year, we will honor Janice Kucewicz, a health professional and Director of Nursing at Wing Memorial Hospital, who has gone the extra mile in helping women at risk overcome the onus of domestic violence. I'm looking forward to meeting this remarkable woman and hearing more about her at our November 11 meeting.

I had the terrific opportunity to attend this year's District 1 Fall Seminar on October 18-20 in Bangor, Maine. The sessions and workshops were held at Husson College's Richard E. Dyke Center for Family Business. I thought the guest speakers did a wonderful job,

and the workshops were well run and meaningful. A very touching memorial service was held Sunday morning in the college chapel.

I missed most of the Zonta Store time at the Fall Seminar as I did not

arrive until 5:30 p.m. Friday evening. I did manage to sell \$27 worth of raffle tickets for our basket during the one hour of store time on Saturday. I bought enough District 1 membership directories for everyone in the club. Please let

me know if you would like one for the reimbursement price of \$3.

Joanne tells me we will have several guests at the November meeting who are interested in learning more about Zonta. I owe a big thank you to Joanne for her work in sending invitations and organizing the information packets. I'm depending on each of you to be ambassadors to all our guests and Founder's Day Award recipient. Thank you in advance for your hospitality and assistance.

Yours in sisterhood,
Jeanne V. Dill



The Zonta Club of Quaboag Valley meets the second Monday of each month, except July and August, at 5:30 p.m. at Truffles, 1432 Main Street, Palmer, MA

November Dinner Meeting

Our next dinner meeting of the fiscal year will be Monday, November 11, 2002 at Palmer Inn's Truffles location. Call Jeanne Dill at (413) 267-9673 or email her at jeanne@jdc.cc no later than Wednesday November 6th to reserve your buffet meal of Roast Turkey.

If you have reserved a spot already and will be unable to attend, you will be billed for the meal unless you cancel by the November 6th deadline. Please, do not call the restaurant.

Fundraising Events Support Service Projects



Annual Poinsettia Fundraiser - The Quaboag Valley Club purchases poinsettia plants wholesale and sells them for a profit. Liz and Marge have distributed invitations to local business owners inviting them to purchase these beautiful plants. Have you ordered yours? See the order form in this issue.



Coffee Fundraiser - The Northampton Area Club is selling 100% certified organic, batch roasted coffee again this year. Wicked Women's Blend @ \$7.75 and Emma's Gold Decaf @ \$9.75. For more information or to order, contact the Northampton Club at 413 538-7550 or email: zonta@juno.com

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Inserts:

- Fact Sheet on Violence
- Poinsettia Order Form

Zonta Club of Quaboag Valley Dinner Meeting Minutes

October 14, 2002 - 6:00 p.m. Truffles, 1432 Main Street, Palmer, MA

Zontians Present: Debra Allen, Diane Carra, Marge Cavanaugh, Ann Cormier, Jeanne Dill, Rosalie Dorland, Christine Gerl, Mary Hagman, Beverly Jennings, Mary Knight, Liz Reeves, Joanne Turner-Chiacchia, Judy Van de Geer and Debbie Wood **Zontians Absent:** Andrea LeClair, Mary Ann Rubis

Handouts distributed: Agenda, Treasurer's Report

Jeanne Dill, President, called the meeting to order at 6:00. Following the Zonta Blessing, we had dinner. The Business Meeting was called to order at 6:30

Minutes:

Minutes for the September meeting (published in Zonta Bog) were reviewed. A motion was made and seconded to approve the minutes as is; the vote in favor was unanimous.

Treasurer's Report:

The Treasurer's Report was reviewed. A motion was made and seconded to file the report for Audit.

Committee Reports

Service - Projects being discussed include: involvement with radKIDS program; purchasing something that could be placed in the new Palmer Library in honor of Zonta; an area service project on Domestic Violence; collection of cell phones that will be reprogrammed and distributed by YWCA to women in need of a way to reach emergency help. Environmental Committee projects may include working at the Habitat for Humanity site in Springfield,

donation of a tree and plaque to the Palmer Library, and/or spring cleanup at Burleigh Park.

The service committee proposed the following donations: \$500 to Rays of Hope walk for breast cancer awareness and \$100 to Crop Walk for Hunger - both were approved unanimously.

Poinsettia - Liz collected additional names for database and will get letters out this month. Volunteers needed to help deliver plants.

Founders Day Award - Two nominations were received - Debby W. suggested Chris Parczyk, principal of Belchertown High School and Marge suggested Janice Kucewicz, Director of Nursing at Wing Memorial. After a brief discussion, a motion was made and seconded to make the award to Janice Kucewicz; the vote in favor was unanimous. Marge will contact Janice about the award, and do a write-up with more details of her accomplishments for the next newsletter and for publicity regarding the award ceremony.

Correspondence and Announcements

- **Rays of Hope (10/20)** - money and forms were collected - we hope to exceed \$1000 of donations. Walkers were encouraged to car pool.

- **Fall Seminar in Maine (10/19-20)** - Jeanne is the only attendee from our club. She will bring a gift basket filled with goodies from club members to be raffled.

- **Debby presented gifts** to Marge (for her wonderful job with the Golf Tournament) and to Joanne (our Zontian of the Year).

- **December dinner meeting** will be at Debbie's home, unless someone else volunteers. Each member is asked to bring a pot luck dish from a specific country, along with status of women in that country.

- **Newsletter deadline** is 10/30. Committee chairs are asked to provide updates to share in the newsletter. Mary will get the newsletter on-line and email everybody the link (instead of a PDF file).

- **Sincere regrets extended** to Mary H. on the passing of her mother; she in turn thanked all members for their support and kinds words of encouragement.

- **Australia connection** - Mary H will hopefully have some information on our Australian contact at the next meeting.

Program for November Dinner Meeting

In addition to the Founders Day Award presentation, we traditionally present information about Zonta for prospective members. We will keep this informal, with Marge, Judy and Debby W. sharing anecdotes about who we are, what we do, and how we've personally grown from the experience.

Joanne will send invitation letters to guests proposed as potential new members. Mary Ann will be asked about inviting mothers of YWPA recipients.

Confirmation of dinner guests needed Wednesday before meeting. Jeanne will give heads up to Truffles regarding additional guests.

Continued on page 3

CEDAW: Canada Signs Optional Protocol

As Marge explained at our last meeting, CEDAW stands for the Convention on the Elimination of All Forms of Discrimination Against Women. Parties who sign CEDAW are required to take appropriate measures to eliminate discrimination against women and ensure the development and advancement of women in all aspects of society. This ensures that women enjoy human rights and fundamental freedoms on an equal basis with men, in civil, cultural, economic, political, and social areas. An example would be the allowance for women to participate equally in the development and implementation of government policy. CEDAW creates a committee to monitor progress. Canada signed the CEDAW in 1980 and has been a party to it since they ratified it in 1981. USA signed the Convention in 1980 but has yet to ratify it.

Pamela Gray from a Zonta Club in Halifax and former District 1 UN Chair, informed me that on the 18th of October, Person's Day in Canada, the country signed the CEDAW Optional Protocol. Person's Day commemorates the day (October 18, 1929) the British Privy Council first decided women were indeed "persons" under Canadian Law. The Optional Protocol to CEDAW is a human rights treaty that creates two new procedures to enhance the CEDAW Committee's ability to oversee compliance with the Convention. The 1st procedure allows individuals or groups to file a petition (also known as a complaint or a communication) to the CEDAW Committee about alleged violations of the Convention by their country. The 2nd procedure allows the CEDAW Committee to make an inquiry into grave or systematic violations of CEDAW that are occurring in a country that is a party to the Optional Protocol. When the USA ratifies CEDAW, it will hopefully sign the Optional Protocol too.

Debbie Wood, District 1 and Club Chair, UN/International Relations



\$1,6330 Raised In Walk for Breast Cancer

Once again, we were blessed with a sunny and seasonably warm day for the Rays of Hope Walk this year. On Sunday, October 20th, six of our Zonta members along with family and friends walked five miles through the beautiful Forest Park section of Springfield to support the cause of Breast Cancer Research. Thanks to all of you who contributed!

It is noteworthy to mention that 90% of all contributions will be used locally to fund Bay State Medical Center's Comprehensive Breast Program. The remaining 10% will go to the American Cancer Society. I think we should all be very proud of our efforts in this endeavor.

Andrea LeClair, Co-Captain

Dinner minutes continued...

October Program

Belchertown Police Sgt. Fran Fox was introduced and gave us a great deal of information on radKIDS. It's a great program and there are opportunities for us to be involved.

The United Nations Committee gave an overview of the U.N.

organization and how Zonta fits in. Kudos to Debby W., Marge, Deb A. and Diane for a VERY informative and well-planned presentation.

There being no further business, the meeting was adjourned at 8:15.

Respectfully submitted,
Mary F. Knight, Secretary

For Your Calendar

November 11 Dinner Meeting at Truffle's in Palmer

November 18 Board Meeting at R&C Floral, 129 Miller Street, Ludlow (583-4283)

November 20 (7 - 9 p.m.) Zonta Club of West Suburban Boston will host professor Thomas Barfield of Boston University who will speak about the current conditions of women in Afghanistan. Jeanne has details for those interested.

November 25 *International Day for the Elimination of Violence Against Women*. Unite with women around the world in drawing attention to the continued violation of women's rights through acts of violence. Read and share the Violence Against Women Facts in this issue.

November 29 Chanukah begins

December 1 World AIDS Day. Millions of women and girls have been infected by acts of violence and violations of their human rights.

December 9 Dinner Meeting and international pot luck holiday party at Debbie Wood's home, 14 Forest Rd, Belchertown (323-5775). Sign up on 11/11 for a country to represent. On December 9th, bring a food dish (with recipe!) and some interesting facts about the country's culture/ traditions/ or status of women. Also, be sure to bring a gift (new, unwrapped) for our annual Christmas for Kids donation.

December 10 International Human Rights' Day. See article on CEDAW in this issue.

December 16 Board Meeting at R&C Floral, 129 Miller Street, Ludlow (583-4283)

December 25 Christmas Day
December 26 Kwanzaa

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Zonta International District I, Area II



"Successful executives
serving the world."

Quaboag Valley Zonta Bog
PO Box 1034
Belchertown, MA 01007

Zonta Club of Quaboag Valley on the web: www.zontadistrict1.org/quaboag_ma/

**2002 Founders Day Award winner:
Janice Kucewicz**

On November 11, Janice Kucewicz, Director of Nursing at Wing Medical Center, will be honored by the Zonta Club of Quaboag Valley as the 2002 recipient of the Founders Day Award. The award is presented to a member of the community who exemplifies Zonta ideals of service.

Janice is currently on the Boards of Directors for Wing Health Foundation and the Palmer Council on Aging; she is president of the Wing Ladies Auxiliary; and serves as a member of local Emergency Planning for the Town of Palmer.

Please join us in recognizing Janice's accomplishments. If you know anyone wishing to attend the dinner and ceremonies, have them contact Jeanne Dill (267-9351) or Marge Cavanaugh (283-6448).



Wing Memorial Hospital and Medical Centers provides integrated outpatient and inpatient care for residents in Belchertown, Ludlow, Monson, Palmer, Wilbraham and nearby towns in the Quaboag and Pioneer Valleys.

As a member of UMass Memorial Health Care, Wing Memorial Hospital offers area residents an enhanced choice of high-quality services close to home.

Ten Facts About Violence Against Women from www.zonta.org

In October 2002, the World Health Organization released The World Report on Violence and Health, the first comprehensive report addressing violence as a global health problem. The report relied on hundreds of studies conducted in all regions of the world. This information was synthesized by 160 experts and then reviewed for accuracy and cultural relevancy by experts in the field of violence issues. The following is information from that report*:

1. Studies from 48 countries report that between 10-69% of women have been physically assaulted by an intimate partner at some point in their lives.
2. Psychological violence often also occurs in cases of physical violence.
3. Studies from Japan, New Zealand and the United States show that physical violence is accompanied by sexual abuse in 1/3 to 1/2 of all violent relationships.
4. Studies conducted in Australia, Canada, Israel, South Africa and the U.S. found that 40-70% of female murder victims were killed by a current or past intimate partner.
5. Leaving a violent relationship can often be difficult for the victim. A study in Nicaragua found that the median time that a woman spent in a violent relationship was six years. In Australia, Canada and the U.S., a significant percentage of partner homicides occur when a woman tries to leave the relationship.
6. Nearly one in four women will experience sexual violence by an intimate partner at some point in their lives.
7. Available data from sub-Saharan Africa states that up to a third of adolescent girls in the region report their first sexual experience as being forced.
8. A study commissioned by the U.S. Justice Department found that 14.8% of U.S. women over the age of 17 reported being raped in their lifetime with an additional 2.8% having experienced attempted rape.
9. Studies conducted in several developing countries found that many women believe physical violence at the hands of their intimate partner is justified in certain circumstances. For example, in Egypt, over 80% of rural women stated that a husband had the right to beat his wife for offenses such as refusing him sex, neglecting her children or home and talking back to her husband or being disobedient.
10. There is a correlation between how a community responds to violence and overall levels of violence in that community. A comparative study of 16 societies found that societies with the lowest levels of partner violence were those that provided support services to abused women and enforced sanctions against the abuser.

This report can be found on the World Health Organization's Web site:
www.who.int/violence_injury_prevention

* In addition to the above information, the report includes information on various forms of violence against women, such as trafficking, honor killings and female genital mutilation. Factors that contribute to violence and prevention methods are also addressed in this report.



ZONTA Club of Quaboag Valley Annual Poinsettia Fundraiser

We invite you to participate in our annual poinsettia fundraiser. These plants brighten up the office and home during the holiday season, and make wonderful gifts for friends, colleagues and clients. **Poinsettias in foil-covered pots are available in two sizes and four colors, and will be delivered between November 25 - December 6th.**

ZONTA is a worldwide service organization of executives in business and the professions working together to improve the legal, economic, health and educational status of women. The Quaboag Valley Club uses funds raised from this event to support local community projects such as aiding battered women's shelters and literacy efforts, purchasing blankets and clothing for children in need, and providing scholarships for young women with public service goals.

To order your poinsettias, simply complete the order form (mail or fax to Committee Chair) or contact one of the Zonta committee members noted below. Make checks payable to "Zonta of Quaboag Valley" and have ready when plants are delivered. Thank you for your support!

Name: _____

Address: _____

Phone number or Email for confirmation: _____

(1) Choose a color				(2) Choose a size		(3) Note Quantity	
Red	White	Pink	Pink/White*	Small \$16 5-7 blooms	Large \$21 10-14 blooms	Indicate how many of each color and size	Sub-Total

* Limited quantities, so please note 2nd choice on same line.

Total: _____

Committee members:

Liz Reeves, Chair Phone: (413) 583-4283 Fax: (413) 547-0024

Mail: % R&C Floral, 129 Miller Street, Ludlow, MA 01056

Marge Cavanaugh (413) 283-6448

Mary Knight (413) 323-4806